

Press Release
September 7th, 2021



4th stage of the 16th DYNAFIT Transalpine Run 2021 powered by Volkswagen R – Interim summary: Leaders confirm on the high alpine stage between Galtür and Klosters

There were some strong emotions at the finish line today and after some heavy exertion in the high alpine, joy was written over the runner's faces after such an achievement. The fourth stage of the 16th DYNAFIT Transalpine Run powered by Volkswagen R, from Galtür (AT) across the national border to Klosters in Switzerland, consisted of over 42.3 km and 2,030 hm, bringing many of the participants to their limits. Leading teams were able to extend their lead again today. Martin Lustenberger and Ramon Manetsch, Team Gant-rischi-bike.ch-Marathonteam Kriens, secured a first place for the fourth time. Meanwhile, continuing to run unchallenged at the top are Open Women Eli Anne Dvergsdal (NOR) and Ida-Sophie Hegemann (GER), Team DYNAFIT Squad x The North Face, as well as mixed team Stephanie Kröll and Martin Kaschmann, Team Mountain Shop Hörhager from Zillertal.



Left: 4th stage of TAR 2021 – between Galtür (AT) and Klosters (CH). Photo: Andi Frank. Right: The Women Team „Fräulein Triathlon Trailteam“ crossing the finish line after 7:42 hours in Klosters (CH). Photo: Klaus Fengler

The start at Galtür (AT) this morning was at an altitude of just under 1,500 meters. The route was first on flat trails along the Silvretta High Alpine Road up to the Bieler Höhe (2,035m), initially over technical, then later challenging trails, the route led to the first crossing at Hochmadererjoch (2,505m). Past the Tübinger Hut, the climb ascended to Carnärajoch (2,489m), where the runners crossed the Swiss border. After the highest point and last climb of the stage, the Älpeltjoch (2,539m), runners had a very technical descent and finally a fantastic trail over picturesque alpine meadows to the finish in Klosters (1,210 hm).

The Master Men category continues to be exciting as Italians Anton Steiner and Andreas Kristandl, Team Stifserjoch Marathon, defended their lead position today. Team Seeberger around Clemens Keller and Armin Friesinger from Germany remains on the heels of the Italians with a gap of 23 minutes.



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Experience makes the difference, at least that's what the consistently strong field of leaders this year suggests. In pretty much every category, there are runners in front who have already participated in the Transalpine Run. Martin Lustenberger, Ida Sophie Hegemann and the team Stephanie Kröll and Martin Kaschmann already stood on the podium as winners in 2019. The Master Mixed category is dominated by the South Tyrolean Irene Senfter and Lord Jens Kramer, Team Skinfit, who have also already won the competition twice. In the Master Men category, Senior Master Men „old hands“ are in the lead. It remains exciting whether the experienced runners, all familiar with the TAR family and the demands of the competition week, will be able to stay at the top in the coming days.

Tomorrow's mountain sprint in Klosters, followed on Thursday by the royal stage from Klosters to Scoul.

Tomorrow the mountain sprint will take place in Klosters. The special stage from the center of the village to the Madrisa mountain station over 8.5 km and 810 hm and it will be a battle against the clock. But after four long days and the following longest stage of the TAR week, the sprint also serves as a welcome recovery day. On Thursday, Day 6 will be the queen stage with 46.8 km and 2,300 hm from Klosters to Scoul.

8th stage cancelled - TAR ends after 7th stage in Prad am Stilfserjoch

The Transalpine Run will unfortunately end in Prad, one day earlier than planned. The last stage eight was cancelled today without replacement, as the authorities withdrew the organizer's permit at short notice due to the recent Corona development in Italy.

For more information on the DYNAFIT Transalpine Run powered by Volkswagen R and this year's course please visit transalpine-run.com or check out the [Transalpine Run 2021 Video of the Day 4](#).

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