

Press Release  
September 4th, 2021



## DYNAFIT Transalpine Run 2021 powered by Volkswagen R – A successful start for the stage run across the Alps.

Today was a successful start for the eight day trail running dream as the 16th edition of the DYNAFIT Transalpine Run powered by Volkswagen R (TAR), commenced. TAR is one of the toughest and most spectacular trail running events in the world and this year 300 two person teams from 22 nations started the first stage from Hirschegg in Vorarlberg's Kleinwalsertal to Lech am Arlberg in Austria. Another 150 other teams participated in the RUN2 and will complete the first two stages of the legendary TAR. This year's TAR will finish next Saturday in Prad am Stilfserjoch (ITA) after eight stages.

Martin Lustenberger and Ramon Manetsch from Swiss Team Gantrischbike.ch-Marathonteam Kriens, secured the day's victory in the men's race after 3:19:01 hours. Eli Anne Dvergsdal (NOR) and Ida-Sophie Hegemann (GER), Team DYNAFIT Squad x The North Face, already proved their role as favorites on the first stage and crossed the finish line as the fastest women's team after 4:17:35. Ida Sophie Hegemann already won the TAR in 2019 as the youngest TAR participant. In the mixed category, defending champions Stephanie Kröll and Martin Kaschmann, from Austria's Team Mountain Shop Hörhager won in a time of 4:07:50.



Start of the Transalpine Run 2021 in Hirschegg. Photo: Klaus Fengler.



The fastest women's team Eli Anne Dvergsdal (NOR) and Ida-Sophie Hegemann (GER). Photo: Andi Frank

For 15 years, the event experts at PLAN B have been organizing the trail running traverse of the Alps, on foot in two person teams: one of the great adventures of our time and a unique dream for both recreational and professional runners. This year's TAR kicked off the 16th edition after a break year with an emotional reunion of the TAR family: 900 recreational and professional runners lined up at the starting line in the centre of Hirschegg in Vorarlberg, Austria, with outstanding weather. In eight daily stages, the participants run to Prad am Stilfserjoch (ITA). With its scenery, the nature-loving Kleinwalsertal offered the perfect starting point for the popular trail running competition. The first day's stage from Hirschegg to Lech am Arlberg in Austria consisted of 31.7 km and 1,900 m ascent. Teams traversed over the Gemstelpass (1,971m) to Alpe Schröcken and the Mohnenfluhcharte (2,313m) as the highest point. From there, the teams ran downhill via Oberlech to the day's destination in Lech am Arlberg.



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### **Outstanding performances on the first stage - the day's winners**

The second place in the men's category after the day's winners Lustenberger/ Manetsch (CH) was again won by a Swiss team: Micha Steiner and Gabriel Lombriser, Team Davos Klosters, reached the finish line in second place after 3:34:53 hours. With a time of 3:40:28 Alexander Hutter and Manuel Zorn (both GER), Team F7-Coros 1 completed the podium of the first day.

In the women's race, Munich's Shari Willken and Lena Haushofer, Team Adidas Runners Munich, finished second, almost 30 minutes behind the winners Dvergsdal/ Hegemann. Third place went to the Austrians Andrea Zogsberger and Christina Stadelmann, Team DYNAFIT Trailhero Girls, after 4:56:44.

In the mixed category, Stephanie Kröll and Martin Kaschmann from Zillertal dominated once again after 2019. In second place, Bianca Morvillo and Albert Eisensteiner, Team A&B, from Italy crossed the finish line just under 27 minutes later. The Germans Sylvie and Marcel Geißler, TEAMG, made it onto the podium of the day's best after 4:43:55.

The 2nd stage of the DYNAFIT Transalpine Run powered by Volkswagen R commences on Sunday from Lech to St. Anton am Arlberg with 28.7 km and 1,640 m in ascent. The weather forecast continues to promise stable sunny weather. The stage finish in St. Anton am Arlberg will be the finish line for the 150 teams of the RUN2, the run over the first two stages of the TAR.

For more information on the DYNAFIT Transalpine Run powered by Volkswagen R and this year's course please visit [transalpine-run.com](http://transalpine-run.com) or check out the [Transalpine Run 2021 Teaser](#).

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