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## Memorable finale of the 19th Dynafit Transalpine Run powered by Garmin at Lake Reschen. 455 runners finish the legendary crossing of the Alps

The Transalpine Run 2024 from Garmisch-Partenkirchen to Lake Reschen in South Tyrol was announced in advance as one of the toughest and most spectacular in its 19-year history - and it lived up to this reputation in full. Demanding trails, magnificent landscapes, challenging downhills, mandatory helmets on some stages, plus heat, rain, cold and snow - the TAR demanded everything from the runners. In the end, after 250 kilometers and over 15,000 meters of altitude, a total of 455 runners were proud to call themselves finishers of the Transalpine Run. This corresponds to a finisher rate of approx. 82 percent.

### *Solo race: 7 stages & 7 victories for men and women*

**Lukas Mangger** from **Italy** wins confidently ahead of the Swiss Nino Janki and the German Benedikt Nussbaum. "It was simply amazing," said the South Tyrolean Dynafit athlete, summing up the TAR week. ,

Identical picture for the women: **Julia GÜthling** from **Germany** takes the overall victory of the TAR 2024 by a large margin ahead of Sylvie Duerinck from Belgium and Iryna Raitschuk from Ukraine.

The other solo winners:

- Master Men: **Tuomas Tervo (FIN)**
- Senior Master Men: **Christian Eggermann (GER)**
- Master Women: **Andrea Knabe (GER)**

### *Men's team: Swiss triumph*

**Ramon Gut** and **Tobias Schmid** from the "Die Flachlandkämpfer" team won every single stage and thus also clearly won the men's team classification. Second place went to the "Samnaun Racers" Patrick Kühn and Benedikt Huber ahead of the "TZ Running Academy/LG Exa Leipzig" with Rene Feder and Grischa Reinhardt.

The other winners in the men's category:

- Master Men: "Trailteam Stusta" from Switzerland with Peter Studer and Iso Stadelmann
- Senior Masters: Anton Steiner and Frowin Stecher from the "Dynafit Vinschgau" team (ITA)



### **Women's team: international podium**

**Lena Glasbrenner and Johanna Steinmüller from the "Allgäu Outlet Raceteam"** won 6 out of 7 stages and thus the overall standings. "It was really tough again today. So it's all the nicer to be standing here now," said a delighted Lena Glasbrenner after crossing the finish line. As yesterday, today's winners were **"The Sunflowers" with Rachel Marbaker from the USA and Sophie Kirkman from Zimbabwe**. They secured third place overall. Second overall: **Nina Lang and Veronika Hamminger from the Austrian team "Summitsox"**.

The Master Women category was won by **Nicole Berner and Marisa Rauber from the Swiss team "Zägg U Nähr läuft."**

### **Mixed Team**

Team **"Sportsshoes X Nike" (GBR) with Sebastian Batchelor and Natalina Neuenschwander** took the overall victory with 7 daily victories and a large lead. Daily runners-up and thus also second overall: **"The Donut Duo" from Argentina** with **Nicolas Hinojosa and Megan Erspamer**. Team **"SCLT Breitenbach"** with **Sonja Kinna and Thomas Lindorfer from Germany** defended their third place overall with fourth place today.

The winners of the other mixed categories:

- Master Mixed: "Team Exdurance" with Alexander Zurkinden and Claudia Bachmann from Switzerland
- Senior Master Mixed: the Swiss "Engadin Runners" Gabriela Egli and Eric Wyss

All results and information at [transalpine-run.com](https://transalpine-run.com).

The Transalpine Run has been held since 2005 and leads over the main Alpine ridge in seven days on changing routes and spectacular trails. The 20th Dynafit Transalpine Run powered by Garmin will take place from September 6 to 12, 2025. **Registration starts at the beginning of December 2024.**

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